

ABSOLUTE

GYM



March 29th, 2021

Update regarding the PHO Restrictions for gymnastics and cheerleading.

Here is an update following the provincial update from Dr. Bonnie Henry this afternoon:

We've received confirmation from BC Sport Cheer (Cheerleading) and ViaSport (Tumbling) that all practices and related programs (Tumbling for Cheer, Rec Tumbling and Power Tumbling) are classified as sport and are therefore permitted to continue under ViaSport Phase 2 guidelines. **Our gym remains open and our team practices and tumbling classes are all running;** as we are currently in training season, if your athlete is unwell/unable to attend practices please email your team coach so they can prepare.

We have been following the provincial restrictions strictly, and will continue to enforce physical distancing of all athletes, staggered water breaks, frequent hand washing and sanitization of equipment. Our equipment is sanitized by staff and participants throughout their shifts/classes and thoroughly at the end of the night, and is professionally cleaned 1-2 times a week. We appreciate the efforts of our staff, our athletes and our families to keep everyone safe and our doors open.

You can refer to the order on the Government of BC website here: <https://www2.gov.bc.ca/gov/content/covid-19/info/restrictions>

It can also be found on the viaSport website here: <https://www.viasport.ca/return-sport>

Thank you to everyone for your support and resilience... our Absolute family is incredible!